

These shoes were evaluated in quality shoe stores in the San Francisco and Seattle areas. Availability may vary by geographic area. This list does not include all quality shoes, and is only provided as a guideline to help you and your doctor find a shoe that will work well with your orthoses.

Exercise Walking / Running[§]

Adidas	Adistar Control
Aetrex	Rhino Runner
Asics Gel	MC Plus* Foundation Kayano Evolution GT2120
Brooks	Beast* / Ariel* Addiction Adrenaline Trance
Mizuno	Wave Renegade
New Balance	587 768 859 1011 1123* 1224
Saucony	Grid Stabil Hurricane ProGrid Omni ProGrid Stabil

Dress Shoes: Heels, Flats, Casual

Ask your doctor how to select appropriate shoes for your needs. Evaluate shoes carefully before purchasing.

Aravon Ariat Beautifeel Blend Dansko Finn Comfort
Hush Puppies Kumfs Munro Naot Nickels Neil M
Paul Thomas Redwing Rieker Rockport Salamander Sanita
Selby Sudini Taryn Rose Theresia Think

Walking[§]

Aetrex	X800 and X900 Series
Brooks	Addiction Walker (Leather)
Dunham	5953 910 8000 9100
New Balance	811 845 927
Saucony	Grid Motion ProGrid Stabil LE
SAS	Time Out(m) Free Time(w)

Sandals

Sandal brands that can accommodate custom orthoses include:

Ariat Birkenstock Dansko Finn Comfort Naot Solvee
Theresia

Trail Running/Light Hiking

Asics	Trabuco
Brooks	Addiction ASR5
Keen	TargheeII
Merrill	Chameleon Wrap
Montrail	Hardrock* Comp XCR Torre GTX
New Balance	907
Saucony	ProGrid Xodus

Clogs and Slippers

Nontraditional slippers for support and comfort.

Cros Daniel Green Clogs Finn Comfort Orb Geisswan Clogs
Heflinger Clogs Naot Iceland or Glacier Stegmann Clogs

Cross Trainers / Aerobics

K-Swiss	Ultrasendor Glaciator
New Balance	780 802 854 1003 1009*
Nike	Air Max 180 Trainer

Extra-Depth Shoes[§]

Aetrex Apex Dr. Comfort Drew Orthofeet
P.W. Minor Soft Spot

Basketball

Adidas	Bounce Commander Creator Rose Pro Model
New Balance	899 905
Nike Air	Huarache Air Power Max

[§] Best shoe types for use with ProLab AFOs
*Maximum motion control



*Wearing proper shoes is an important part of keeping your feet healthy.
Always remove the shoe insole before inserting orthotics.*